



## Long Live, MBHY by Mark Kent Navarro

*Long Live, MBHY* is the debut EP by Mark Kent Navarro. The project is a reflection of fragmented memory, self, and the places that shape us. “MBHY,” an abbreviation of *mabuhay*, the Tagalog expression that translates to “long live”, reflects the duality of Navarro’s experience as a Filipino-American: fluent in feeling, fragmented in tongue. It is whole and broken much like the memories that inspired it.

Each track on *Long Live, MBHY* bears the name of a street Navarro once called home in Baltimore, Maryland. Layered beneath the music are the real sounds of those places: the hum of a neighborhood, the pulse of a passing car, the chirping of birds; evoking that time of his life while living on that street. Each track forms a sonic map, tracing from the present to its earliest echoes, as if one were sitting alone in a room, reflecting on their life.

Written, recorded, mixed, and mastered entirely by Navarro, *Long Live, MBHY* weaves together a tapestry of genres such as ambient, post-minimalism, avant-garde, post-rock, and glitch. He embraces an unrestricted musical palette, moving between the synthesized and the organic, where the real and the remembered begin to blur. The EP draws influences from Brian Eno, Hiroshi Yoshimura, Duval Timothy, and Floating Points. The result is a work of quiet scope and honesty. Navarro shares his life laid bare through sound.

In creating *Long Live, MBHY*, Navarro sought not to reinvent himself, but to return toward the root of things, toward authenticity. “I wanted to see my life as it was,” he reflects, “without myth, without disguise.” That pursuit gives the music its quiet gravity: a feeling of someone holding their past in their hands, turning it over, and letting it speak.

*Long Live, MBHY* invites listeners to do the same: to pause and to find beauty in the act of looking back. It is a reminder that every street we’ve lived on, every sound we’ve carried, is part of a single, living continuum. Long live the fragments. Long live the remembering.

Beyond his solo work, Navarro is a composer, sound designer, and audio engineer whose projects include sound design and composition for theatre and independent films. He has been recognized twice as a Baker Artist Award finalist by Greater Baltimore Cultural Alliance.